



AACBT (WA) Library

For loan.....

AACBT (WA) has a range of DVDs available for members to borrow free of charge. Below is a complete list of the titles currently available. Please note that many of the DVDs are live recordings of AACBT hosted workshops and keynote presentations, therefore we cannot guarantee the sound and picture quality of these DVDs.

A maximum of 1 item can be borrowed for 2 weeks at a time (4 weeks for members in rural areas). If items are already on loan, they will be forwarded as soon as possible.

If you would like to borrow any items please fill in a request form and post it to AACBT Library,
P.O. Box 853
West Perth, WA 6872.

To assist with faster processing please also email your request to the librarian: Talia Hayman aacbtwa@gmail.com

Orders will be processed once completed and signed request forms have been received. *See conditions below.

***NB. Those items listed in red italics are currently not available. We hope to have these items available soon.**

AACBT (WA) Library Catalogue					
Anxiety					
	<i>Borkovec, Tom</i>	2009	<i>Basic and Applied Research in Generalised Anxiety Disorder</i>	<i>Keynote presentation</i>	<i>DVD</i>

	<i>Borkovec, Tom</i>	2009	<i>Interpersonal/Emotional Processing Therapies for Generalized Anxiety Disorder</i>	<i>Conference Workshop</i>	<i>DVD</i>	
	Clark, David	2006	Advances in Cognitive Therapy for Social Anxiety Disorder		DVD	
	<i>MacLeod, Colin</i>	2009	<i>Attentional Bias Modification in Anxiety</i>	<i>Keynote presentation</i>	<i>DVD</i>	
	<i>Ollendick, Tom</i>	2009	<i>Intensive Treatment of Specific Phobia: The One-Session Treatment Method</i>	<i>Conference Workshop</i>	<i>DVD</i>	
	<i>Rees, Clare</i>	2009	<i>Is Obsessive-Compulsive Disorder a psychological artefact? Who is truly responsible and what can we do about it?</i>	<i>Local Event</i>	<i>DVD</i>	<i>1 hr</i>
	<i>Turner, Jarrod</i>	2009	<i>Using brief behavioural activation for the treatment of anxiety</i>	<i>Local Event</i>	<i>DVD</i>	<i>1 hr</i>
Cognitive and Behavioural Therapy Techniques						
	Bennett-Levy, James	2005	How to Create Successful Behavioural Experiments (+ workbook)		DVD	
	Holmes, Emily	2009	<i>A healthy imagination? Cognitive theory and cognitive therapy</i>	<i>Keynote presentation</i>	<i>DVD</i>	
	Holmes, Emily	2009	<i>Mental Imagery in CBT</i>	<i>Conference Workshop</i>	<i>DVD</i>	
	Padesky, Christine	2003	Constructing NEW Core Beliefs		DVD	

	Padesky, Christine	2004	Constructing NEW Underlying Assumptions and Behavioural Experiments		DVD	
	Rees, Clare	2009	What is the future of Cognitive-Behavioural Therapy? A SWOT analysis	Invited Address	DVD	
NEW	Watkins, Ed	2010	<i>CBT for Depressive and Anxious Rumination (+ workbook)</i>	Workshop	DVD	
Child & Adolescent						
	Comerford, Bronwynn & Parham, Jessie (Disability Services Commision)	2009	<i>Treating Anxiety in children with high functioning autism using The Cool Kids Group Program</i>	Local Event	DVD	1 hr
	Dadds, Mark	2009	<i>Beyond the Manual: How to do Child & Family Therapy Really Well.</i>	Conference Workshop	DVD	
	McGorry, Patrick	2006	Early Intervention for Youth Mental Health		DVD	
	Ollendick, Tom	2009	<i>Innovations in CBT for Child and Adolescent Anxiety Disorders</i>	Keynote presentation	DVD	
	Rapee, Ron	2005	Nature and Treatment of Anxiety Disorders in Children and Adolescents		DVD	
	Roberts, Clare	2008	<i>Mental Health Promotion in Primary Schools - Outcomes from the Aussie Optimism Dissemination Project</i>	Local Event	DVD	1 hr
	Rooney, Rosie & Hassan, Shari	2009	<i>The Aussie Optimism Positive Thinking Skills Program</i>	Conference Workshop	DVD	

Depression						
	Harris, Russell	2006	Acceptance & Commitment Therapy with Depression & Suicidality		DVD	
	Parker, Gordon	2006	Tailoring Treatments for Depression According to Subtype & Personality Style		DVD	
	Rooney, Rosie	2009	<i>Postnatal Depression across cultures</i>	Local Event	DVD	1 hr
	Williams, Mark	2005	Mindfulness Based Cognitive Therapy for Depression (+ workbook)		DVD	
Eating Disorders						
	Byrne, Susan & Brennan, Leah	2005	CBT of Obesity in Children, Adolescents & Adults (+ workbook)		DVD	
	Wade, Tracey	2009	<i>Perfectionism and Eating Disorders</i>	Keynote presentation	DVD	
Mindfulness						
	Williams, Mark	2005	Mindfulness Based Cognitive Therapy: Going Further		DVD	
NEW	Huxter, Malcolm	2010	Mindfulness for young people (workbook) Mindfulness and mental health and wellbeing (workbook) Mindfulness and GAD (workbook)	Permission to copy with discretion on a non-profit basis	Workbook	
Pain						

	Nicholas, Michael	2006	Applying CBT Principles in Pain Management, By All Disciplines & Across Countries (2 copies)		DVD	
Personality Disorder						
	Young, Jeffrey	2006	Schema Therapy for Borderline Patients: An overview	Workshop: Day 3 Part1	DVD	1hr 30 min
	Young, Jeffrey	2006	The Borderline Client: Working with the punitive parent & angry child	Workshop: Day 3 Part 2	DVD	
	Young, Jeffrey	2006	The Borderline Client: Working with the Abandoned Child & Detached Protector	Workshop: Day 3 Part 3	DVD	
	Young, Jeffrey	2006	Special Problems with Borderline Clients	Workshop: Day 3 Part 4	DVD	
Schema Therapy						
	Arntz, Arnoud	2009	<i>Schema Focused Therapy for Borderline Personality Disorder</i>	Conference Workshop	DVD	
	Young, Jeffrey	2006	Schema Therapy: New Advances in Treating Resistant Personality Disorder	Keynote presentation	DVD	1 hr
	Young, Jeffrey	2006	Schema Assessment & Education: Schema Questionnaires	Workshop: Day 1 Part1	DVD	3 hr
	Young, Jeffrey	2006	Cognitive Change: Building a Case Against The Schemas: Schemas Dialogues &	Workshop: Day 1 Part 3	DVD	2hr 49 min

			Flashcards			
	Young, Jeffrey	2006	The Therapy Relationship: “Limited Reparenting”	Workshop: Day 2 Part 1	DVD	1 hr 32 min
	Young, Jeffrey	2006	Experiential Change Techniques: Behavioural Pattern Breaking: Maladaptive Coping Styles (Workshop)	Workshop: Day 2 Part 2	DVD	1 hr 34 min
	Young, Jeffrey	2006	New Advances in Schema Therapy for Severe Cases: Schema Mode Work (2 copies)	Workshop: Day 2 Part 3	DVD	2 Chapters: 1 hr 42 min and 1 hr 25 min
Schizophrenia						
	Tarrier, Nicholas	2005	CBT in the Treatment of Schizophrenia (+ workbook)		DVD	
Stress & Trauma						
	Ehlers, Anke	2006	Cognitive Therapy for PTSD		DVD	
NEW	Smucker, Merv	2010	<i>IRRT: Imagery-focused CBT for Trauma & PTSD (+ workbook)</i>	Workshop	DVD	
NEW	Lee, Christopher	2010	<i>Understanding EMDR: A History of Practice Guiding Science (+ workbook)</i>	Local Event	DVD	50 minutes
Other Topics						

	AACBT Conference	2006	Great Debate: There Are No Significant Differences Between CBT & Other Therapeutic Modalities: In Their Essence All Psychotherapies Are the Same		DVD	
	Campbell, Bruce	2009	CBT and Pharmacotherapy for Anxiety and Depression: Either, Neither or Both?	Local Event	DVD	
	<i>Dadds, Mark</i>	2009	<i>Attention, facial emotion recognition and psychopathology</i>	<i>Keynote presentation</i>	<i>DVD</i>	
	Grant, Anthony	2006	Coaching Psychology: New Direction or Simply Business as Usual?		DVD	
NEW	<i>Harms, Craig</i>	2010	<i>The DASS - The Ugly, The Bad and The Good</i>	<i>Local Event</i>	<i>DVD</i>	
	Harris, Russell	2009	<i>ACT Made Simple: An Introduction to Acceptance and Commitment Therapy</i>	Conference Workshop	DVD	
	Lovibond, Peter	2006	From Therapy to Treatment: Applying Laboratory Research To Clinical Practice		DVD	
	<i>Teachman, Bethany</i>	2009	<i>Facing the Mirror Again: Body Dysmorphic Disorder Assessment and Treatment</i>	<i>Workshop</i>	<i>DVD</i>	
	<i>Teachman, Bethany</i>	2009	<i>Treatment Planning in Clinical Psychology: An Evidence-Based Approach</i>	<i>Workshop</i>	<i>DVD</i>	
	<i>Wade, Tracey</i>	2009	<i>Working with Perfectionism</i>	<i>Conference Workshop</i>	<i>DVD</i>	

	Williams, Leanne	2006	The Emotional Brain: Evidence for Cognitive Neuroscience & Implications for Therapy		DVD	
	Australian Behavioural Modification Association	1994	Topics include: Beyond the limits of traditional behavioural couple's therapy; Addictive behaviours; Assessment & treatment of complex marital problems; A-B- C's and relationships; What is a psychological unit? Educational settings; Anxiety disorders.	17th National Conference	Cassette Tape	

* Conditions: Only members of the AACBT(WA) are eligible to borrow from the library. The borrowing procedure involves completing a Library Request Form and sending it to the above address. To assist with faster processing please also email your request to: Talia Hayman aacbtwa@gmail.com. The form will ask for credit card details as a measure of security against lost or damaged items. Requests from members will be sent to the borrower's home address via post, at the expense of the AACBT. Borrowed items will need to be returned to the AACBT, at the borrower's expense.

The borrowing limit is two weeks for metropolitan members and four weeks for rural members. If an item is not returned within the borrowing period, the borrower will be contacted by telephone or email. If the item is not returned before a six-week period, the item will be considered lost and the cost of replacing the item will be charged to the borrower's credit card. Items are subject to availability.

Only members of the AACBT are eligible to borrow from the library. Items are to be viewed in a private setting and only by AACBT members. AACBT reserves the right to revoke future library borrowing rights if these conditions are not upheld by members.