



Cognitive Behaviour Therapy Practitioner List

July 2011

The following is a list of private mental health practitioners who are members of the WA Branch of the Australian Association for Cognitive Behaviour Therapy and advertise that they practice Cognitive Behaviour Therapy (CBT). When selecting a practitioner please bear in mind the following:

Don't be afraid to shop around and to ask questions: It is important that you find a therapist who is right for you, so searching around is often a good idea. A good therapist will never get defensive or be offended if you don't feel the CBT service is effective and should provide information on other available services if you ask them.

Check the practitioner's qualifications and professional registration: Cognitive Behaviour Therapists come from a wide range of professions. Most, but not all, CBT practitioners are psychologists. Although attempts have been made to confirm that practitioners listed on the AACBT database are registered with the relevant registration board (usually the Psychologists Registration Board of WA), it is advised that you contact the relevant registration body of the selected practitioner/s prior to engaging in a therapeutic relationship in order to confirm the practitioner's current registration details.

Please also be aware that you can access mental health services through your GP, the Government Health Department, and various non-government agencies. Your GP will be able to advise you on the suitability of these services for you, and can provide you with a referral if appropriate.

Please contact Administration (aacbtwa@gmail.com) to update details on this list, The list is available to the general public online at <http://www.aacbtwa.org.au>

Name	Profession/ registration number	Practice Contact Details	Practice Hours	Specialist areas
ALLEN, Karina (Dr)	Clinical Psychologist	School of Psychology, The University of Western Australia 35 Stirling Highway CRAWLEY, WA 6009 Ph: 6488 7428	Mondays	Eating disorders
AMBROSIUS, Rikki	Clinical Psychologist	Suite 7, 186 Hampden Road NEDLANDS 6009 PO Box 144, Scarborough 6922 Ph: 0401 671 300	Saturday 10:30am – 5pm	Anxiety, depression, EMDR, Schema Therapy, Mindfulness, Attachment. Children & adults.
ARCO, Lucius	Clinical Psychologist	Early Intervention Centre Unit 6/205 Alexander Road, Belmont, WA Ph: 9478 5191 Mob: 0409 111 094 info@interventioncentre.com		Child and family cog-behavioural therapy anxiety and depression brain injury remediation conduct disorders
BISHOP, Catherine (Dr)	Counseling Psychologist	Enhance Psychology WA 1/252 Cambridge Street WEMBLEY, WA 6018 Ph: 0426 787 252	Tuesday, Wednesday & Friday: 9am – 6pm	Anxiety disorders, depression, self esteem and life transition/adjustment issues.
BRADBURY, Greer	Psychologist	The Marian Centre 200 Cambridge Street WEMBLEY, WA 6014 Ph: 0407 059 122 Email: greerbradbury@iprimus.com.au	Monday to Friday: 9am – 5pm Evening and Saturday appointments negotiable	Adults, adolescents and children. Anxiety, depression and adjustment disorders. CBT, schema therapy, ACT and Mindfulness approaches.
BUTCHER, Melissa	Clinical Psychologist	Champion Drive Medical Centre Suite 2, 273 Railway Avenue ARMADALE WA 6112 Ph: 0468 750 533	Thursdays	Children, adolescents and adults. Anxiety, depression, anger management, positive parenting and challenging behaviour.
CRAIGIE, Mark (Dr)	Clinical Psychologist	Hamilton Psychology Practice 11 Hamilton St, SUBIACO WA 6008 Ph: 0430 118 023 Email: mc.mindfulnesswa@gmail.com Website: www.mindfulnesswa.com.au	Monday: 9am – 6pm Thursday: 2pm – 7pm Alternate Saturdays: 9am – noon	Adults with anxiety, depression or adjustment problems. CBT, ACT, Interpersonal and Mindfulness-Based Therapy

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D'AMATO, Teresa	Clinical Psychologist	2 Hughes Street HILTON, WA 6163 Ph: 9331 7958 Fax: 9331 7288	Monday & Friday: 9am – 5pm Tuesday & Thursday: 10 – 7pm	Adults, couples and children. Anxiety, depression, trauma, life change issues, loss/separation
DOYLE, Natalie	Registered Psychologist	2 Eliot Street, Bunbury, WA. Mailing address: PO Box 51, Gelorup, WA Mob: 0402 039 836 Email: nataliedoyle09@gmail.com	Tuesday & Thursday Alternate Saturdays	Children, adolescents and adults. Cognitive and behavioural assessments.
DYER, Christine	Clinical Psychologist	Fremantle Clinical Psychology: 193 South Tce, South Fremantle South Street Psychology: 1/386 South St, O'Connor Mob: 0402 703340	Fremantle: Tuesdays and Wednesdays 9-5pm O'Connor: Mondays and Thursdays 9 – 5pm	Depression in all forms, anxiety disorders
EGAN, Sarah (Dr)	Clinical Psychologist	Suite 4, 186-190 Hampden Rd NEDLANDS, WA, 6009 Ph: (08) 9386 9288	Thursday 2:00 – 7:00pm	OCD, anxiety disorders, perfectionism, CBT for adult disorders
GARRET, Alyssa	Clinical Psychologist	Stirk Medical Group 113 Edney Road HIGH WYCOMBE, WA 6057 Ph: 9454 4431	Monday afternoon Wednesday & Saturday mornings	Adult and adolescent mental health
HINDLEY-PAYNE, Tristen	Clinical Psychologist	Joondalup Business Centre 15 Barron Parade, JOONDALUP Ph: 0466 506 948	9am – 6pm Wednesday	Adult mental health including Depression, Anxiety (PTSD, phobias, GAD, Panic and social anxiety), Bipolar and stress.
JUNIPER, Uta	Clinical Psychologist	Melville House Clinic 2/25 Foss Street PALMYRA, WA 6157 Ph: 0411 642 397 Fax: 9438 3710 Email: uta.juniper@iinet.net.au	Monday to Wednesday	Adult Mental Health: anxiety and mood disorders, low self-esteem, stress, bereavement and adjustment issues

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LAWSON, Clair (Dr.)	Clinical Psychologist	Dr Clair Lawson & Associates, Clinical Psychology 34 Coghlan Road SUBIACO, WA 6008 Ph: 9380 8329	Monday to Friday 8:30am – 8pm	Adolescents and Adults presenting with the following concerns: depression, obsessive compulsive disorder, anxiety disorders, behavioural problems, anger management, eating disorders, parenting issues, family relationship difficulties, marital difficulties & couples counseling
MAZZUCHELLI, Trevor (PhD)	Clinical Psychologist	Suite 2/324 Onslow Road SHENTON PARK, WA 6008 Ph: 0409 913 338 or 6468 5020 E-mail: trevorm@iinet.net.au	Saturday mornings. Appointments at other times by special arrangement.	Adult & child cognitive and behaviour therapy. Anxiety, depression, well-being (positive psychology), and child behaviour problems.
MICHEL, Fiona	Clinical Psychologist	Delta Psychology. Unit 6, Heathridge Shopping Centre, 99 Caridean Street. Phone: 0403 697 866. Referrals to be faxed to: 94637891	Tuesday, Wednesday, Thursday 10am – 6pm	Panic disorder, depression, body dysmorphia, OCD, bulimia nervosa, self esteem. Also uses a combination of CBT and mindfulness and Acceptance and Commitment Therapy
MITCHELL, (Gloria) <u>Kaye</u>	Clinical Psychologist	9 Cotula Way CANNING VALE, WA 6155 Ph: 9456 5635 Fax: 9456 5639 Kaye1@iinet.net.au	Monday – Thursday 9:00 am – 6:30 pm	Anxiety including GAD, Social Anxiety, Panic, Phobias, OCD and Depression
PALMISANO, Barbara	Clinical Psychologist	PALMISANO Psychological Services 15 Barron Parade JOONDALUP WA 6027 Ph: 9300 9468 Fax: 9300 2038 email: contact@palmisanopsychology.com.au	Tues & Thurs: 8:30am – 5:30pm Wednesday: 8:30am – 7pm Friday: 8:30am – 4:30pm	Clinical mental health: child, adolescent & adult; Mental health of primary carer: individual with disability or medical condition; Life transition / adjustment issues; Child behaviour and parenting skills.
REE, Melissa, (Dr)	Clinical Psychologist	Hamilton Psychology Practice 11 Hamilton St SUBIACO WA 6008 Ph: 0401 259 520 Email: melissa.ree@optusnet.com.au	Tuesday & Wednesday: daytime and evening appointments available	Primary specialist area: insomnia. Secondary specialist areas: depression and anxiety disorders (excluding PTSD)
SHIELS, Lauren	Clinical Psychologist	62 Churchill Ave SUBIACO, WA 6008 Mob: 0418 959 099	Tuesday afternoons	Anxiety disorders, eating disorders, depression, BPD

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SMITH, Luke	Psychologist (Generalist)	Mandurah Baptist College Senior School Administration Building Badgerup Avenue LAKELANDS WA Mob: 0423 101 493	Thursday 5pm – 8pm	General adolescent & adult counseling for depression, anxiety, anger. Psychoeducational assessment for school-aged children by appointment.
SYRKIEWICZ, Richard.	Registered Psychologist	George Burns & Associates, Clinical Psychology Services & The Hypnotherapy Centre of Western Australia Suite 7 (Upper Floor), Carine Central Carine Glades Shopping Centre (rear) 473 Beach Road (cnr Davallia & Beach Rd) DUNCRAIG, WA 6023 Ph: 9448 1698 Fax: 9448 1699 Website: www.georgeburns.com.au	Tuesday, Thursday & Friday: 9 – 6pm (last appointment) Saturday: 9 – 12pm (last appointment)	Clinical Hypnotherapy; Adult oriented Psychotherapy
TAYLOR, Graham	Clinical Psychologist	16 Francisco Crescent Bull Creek Ph: 9310 3254	Mon - Thurs 8.00 - 4.30	Trauma, long standing personality problems, all anxiety disorders
VAN LOGGERENBERG Valerie (Dr)	Psychologist	Suite 2, 22 Dorothy Street GOSNELLS, WA 6110 Ph: 9490 1114 Mob: 0437 128 465 Email: drvalerie@zoho.com	Monday to Thursday: 10am – 6pm	Anxiety, depression, PTSD
WELSH, Linda	Clinical Psychologist	Suite 7/186 Hampden Road NEDLANDS PO Box 183 Duncraig East WA 6023 Mob: 0422 129 003	Mon – Thurs: 1pm - 8pm	Substance Abuse, Personality Disorder, Depression, Anxiety, Schema Therapy
WILLIAMS, Sandy	Clinical Psychologist	2 Gold Street (corner Coral Street) SOUTH FREMANTLE, WA 6162 Ph: (08) 9430 6482	Monday, Wednesday, Thursday, Friday & Saturday (some evening appointments available)	Clinical endorsement

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<p>University Clinics</p>	<p>Clinic staffed by postgrad psychology students under supervision.</p> <p>Self-referral accepted</p> <p>Low cost, sliding fee schedule based on income</p>	<p>Curtin University, Bentley Campus Building 404 Phone: 9266 3436</p> <p>University of WA – Robin Winkler Clinic, Nedlands, Phone: 6488 2644</p> <p>Edith Cowan University - Psychological Services Centre, Joondalup. Phone: 9301 0011</p> <p>Murdoch University Psychology Clinic. Phone 9360 2570</p>	<p>Check with each clinic for details.</p> <p>AACBT-WA Member contact for Curtin Clinic: Sarah Egan</p> <p>AACBT-WA Member contact for UWA Clinic: Andrew Page</p> <p>AACBT-WA Member contact for ECU Clinic: Clare Wilson</p> <p>AACBT-WA Member contact for Murdoch Clinic: John Gardiner</p>	<p>Each clinic treats a range of issues but has specialty areas & groups.</p> <p>Curtin: anxiety disorders & stress, depression, OCD, clinical perfectionism, self-esteem, relationship problems, hypochondriasis, bulimia and binge-eating.</p> <p>UWA: social phobia, smoking cessation and weight management groups, also general adult and child referrals for range of issues</p> <p>ECU: General referrals for a range of issues, smoking cessation group also.</p> <p>Adults & children including disability, pain management, social skills, relationship issues, grief & bereavement, anxiety.</p>

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