



AUSTRALIAN ASSOCIATION FOR
COGNITIVE AND BEHAVIOUR THERAPY

Australian Association for
Cognitive and Behaviour Therapy (WA) Inc.
ABN: 70 296 133 580

P.O. Box 853
West Perth WA 6872
<http://www.aacbtwa.org.au>

Cognitive Behaviour Therapy Practitioner List

September 2010

The following is a list of private mental health practitioners who are members of the WA Branch of the Australian Association for Cognitive Behaviour Therapy and advertise that they practice Cognitive Behaviour Therapy (CBT). When selecting a practitioner please bear in mind the following:

Don't be afraid to shop around and to ask questions: It is important that you find a therapist who is right for you, so searching around is often a good idea. A good therapist will never get defensive or be offended if you don't feel the CBT service is effective and should provide information on other available services if you ask them.

Check the practitioner's qualifications and professional registration: Cognitive Behaviour Therapists come from a wide range of professions. Most, but not all, CBT practitioners are psychologists. Although attempts have been made to confirm that practitioners listed on the AACBT database are registered with the relevant registration board (usually the Psychologists Registration Board of WA), it is advised that you contact the relevant registration body of the selected practitioner/s prior to engaging in a therapeutic relationship in order to confirm the practitioner's current registration details.

Please also be aware that you can access mental health services through your GP, the Government Health Department, and various non-government agencies. Your GP will be able to advise you on the suitability of these services for you, and can provide you with a referral if appropriate.

Please contact Administration (aacbtwa@gmail.com) to update details on this list, The list is available to the general public online at <http://www.aacbtwa.org.au>

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Name	Profession/ registration number	Practice Contact Details	Practice Hours	Specialist areas
ARCO, Lucius	Clinical Psychologist Reg # 532	Early Intervention Centre Unit 6/205 Alexander Road, Belmont, WA Ph: 9478 5191 Mob: 0409 111 094 info@interventioncentre.com		Child and family cog-behavioural therapy anxiety and depression brain injury remediation conduct disorders
BECERRA, Rodrigo (Dr)	Clinical Psychologist Reg #26670 MAPS, PhD	Centrohealth 953 Wellington Street West Perth 6005 Mob: 0422 013 245	Friday and Saturday mornings	Clinical psychology
BISES, Flavia	Clinical Psychologist Reg # 3016	Integral Psychology Services 32 Seacrest Drive Sorrento Mob. 0417 627 595 integralpsychology@westnet.com.au	Mon to Fri 9am – 5:00pm, other times by special arrangement	Postnatal depression; anxiety; depression; self-esteem; stress management; relationships positive parenting; mindfulness-based interventions www.integralpsychology.com.au
BRAND, Timothy	Clinical Psychologist Reg # 3276	Practice Address 4 / 60 Coolamon Blvd ELLENBROOK WA 6069 P – (08) 9296 9760 F – (08) 9296 9450	Hours: Reception 9 – 5pm, Mon to Fri. Appointments as required.	Anxiety Disorders – GAD, OCD, Panic, PTSD, Social Phobia Depression Relationship Distress
CAMPBELL, Rosemary	Psychologist Reg # 1933	Family Psychology Practice 4/64 Marine Blvd Ocean Reef WA 6027	Monday – Thursday 10 – 5pm Friday & Saturday 9 – 12pm	Family systems therapist: developmental and transitional adjustments; children, adolescents, adults (separation, divorce, marital counseling, new parenthood, mid-life transitions, grief and loss)
CHENG, Katherine	Registered Psychologist Reg # 2297	Practice suburb: Morley & surrounding areas Mob: 0414 381 355 Email: sapereaude@gmail.com	Appointment hours – late afternoons, evenings & some weekend	Body image issues, on-line coaching, counselling & support performance anxiety ('stage fright'), PTSD, positive psychology

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CRAIGIE, Mark (Dr)	Clinical Psychologist Reg # 3488	200 Cambridge Street, Wembley, WA 6104 Website: www.mindfulnesswa.com.au Tel: 0430118023	Private practice on Saturday mornings	Generalized Anxiety Disorder (GAD), Rumination and Worry, Stress and Pain Management using MBCT. Depression and Anxiety Disorders. Mindfulness training and CBT. Acceptance and Commitment Therapy. Schema Therapy.
DOYLE, Natalie	Registered Psychologist Reg # 4218 MAPS	2 Eliot Street, Bunbury, WA. PO Box 51, Gelorup, WA Mob: 0402039836 Email: nataliedoyle09@gmail.com	Tuesday & Thursday Alternate Saturdays	Children, adolescents and adults. Cognitive and behavioural assessments.
D'AMATO, Teresa	Clinical Psychologist Reg # 3063 APS # 105908	2 Hughes Street, HILTON Ph: 93317958 Mob: 0417983447	Monday & Friday: 9am – 5pm Tuesday & Thursday: 10 – 7pm	Individuals, Couples, children Depression, Anxiety, Trauma, Interpersonal Relationships, Post Natal Depression, Self-esteem, Life Change Issues, Mediation, Grief and Loss, Separation and Family breakdown, Anger Management, Chronic Pain Management
DYER, Christine	Clinical Psychologist Reg # 3851	Fremantle Clinical Psychology: 193 South Tce, South Fremantle South Street Psychology: 1/386 South St, O'Connor Mob: 0402 703340	Fremantle: Tuesdays and Wednesdays 9-5pm O'Connor: Mondays and Thursdays 9 – 5pm	Depression in all forms, anxiety disorders
EGAN, Sarah (Dr)	Clinical Psychologist Reg # 2130	Suite 4, 186-190 Hampden Rd, Nedlands, WA, 6009 Ph: (08) 9386 9288	Thursday 2:00 – 7:00pm	OCD, anxiety disorders, perfectionism, CBT for adult disorders
EXETER-KENT, Holly (Dr)	Clinical Psychologist Reg # 2453	24 Richardson St, West Perth WA 6005 Ph: 0401 132 395 Email: holly.exeterkent@descnet.com.au	Saturdays	Adult and adolescent CBT. Anxiety, panic attacks, phobias, social anxiety/phobia, generalised anxiety, health anxiety, depression, stress, low self esteem and insomnia.

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FAIRBAIRN, Janis (Dr)	Clinical Psychologist Reg # 2860	Joondalup Psychology Centre 1/41 Regents Park Rd, Joondalup Ph: (08) 9301 4955	Monday – Saturday Late appointments until 7 pm three nights a week	Anxiety, Depression, PTSD. Social Anxiety/Phobia, OCD
GRAHAM, Edward John	Psychologist Reg # 360105 (NT) MAPS #20264	15/9 Esplanade Darwin, NT 0800	Monday to Friday 9am - 5pm After hours by arrangement	CBT, Mindfulness, ACT, person centered, clinical hypnosis; for anxiety, depression, marital issues, smoking cessation, anger management and other behavioural issues.
HART, Mitch	Clinical Psychologist Reg # 1021 MAPS #101132	Mob: 0404 883 464	Monday to Friday	Cognitive-Behaviour Therapy, such as Schema Focused Therapy and Acceptance and Commitment Therapy. Mitch is also a supervisor in the UWA Clinical Psychology program and provides teaching and supervision to students and colleagues.
HARWOOD, Kate (Dr)	Clinical Psychologist Reg # 2998	Address: 124 Loftus Street North Perth WA Phone: 9227 6334 Fax: 9228 9373 Mob: 0447 909 825	Tuesdays and Saturday mornings	Adult mental health including anxiety, depression, stress, life transition/adjustment, self-esteem
HAYNES, Laurie	Clinical Psychologist Reg # 2316	Geographe Psychology Services Consulting - 73 Bussell Highway, Busselton Mail - PO Box 32 Vasse WA 6280 Ph. (08) 9751 5899 Fax (08) 9752 2851	Monday to Friday 9:00 – 5:00pm	Anxiety and panic disorders, depression and mood disorders, behavioural and adjustment disorders. Adults, Youth and Children. Medicare, EAP, Medico-legal, and Forensic assessments.
HINDLEY, Tristen	Clinical Psychologist Reg# 3112	36 Parliament Place, West Perth WA 6005 Ph: (08) 9481 1950	9am – 5pm Monday - Friday	Adult mental health including Depression, Anxiety (PTSD, phobias, GAD, Panic and social anxiety), Bipolar and stress.
HUNT, Phil	Psychologist reg #3820 Accredited Post Grad CBT Therapist #060 355 – BABCP MBPsyS #81738	Psycho-Logic Cognitive Therapy Services Practicing from Esperance and Norseman General Practice. Also Kalamunda/Hills area by appt 1 day/week. Contact mail: PO Box 149, WA 6443 Tel: 08 90399235 mobile: 0429 032023.	Monday to Friday 9:00 – 6:00pm Weekends by appt	Post Traumatic Stress, Depression, Generalised Anxiety, Social Anxiety and Panic disorders

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INDERMAUR, David	Clinical Psychologist Reg # 675	Fremantle Clinical Psychology 193 South Terrace Fremantle WA 6162 Ph: 94336002 Hannington Clinical Psychology 162 Wanneroo Road Yokine (Corner of Royal St and Wanneroo Road in the DR7 Medical Suite) Ph: 9207 1233	Fremantle Wednesday evenings & Saturdays Yokine on Thursday evenings Office staff in both locations Monday to Friday 9am – 5pm	Cognitive behavioral approach - mainly within an Acceptance and Commitment Therapy format.
JONES, Marg	Clinical Psychologist, Reg # 473	Unit 1, 260 Churchill Ave, Subiaco. Ph Mob: 0409 091 764 Email: mjones.psychology@bigpond.com	Mondays 10am – 6pm.	Children, adolescents and young adults anxiety disorders, depression, OCD, adjustment disorders and PTSD.
JUNIPER, Uta	Clinical Psychologist Reg # 2304	Suite 2/324 Onslow Road Shenton Park, WA 6008 Ph: 0411 642 397	Mondays & Tuesdays	Adult Mental Health: anxiety and mood disorders, low self-esteem, stress, bereavement and adjustment issues
KNAUSENBURGER, Monica	Psychologist (cond. reg), Reg #3774	Midwest GP Network 32 Holland St GERALDTON WA 6530 PO Box 2638 GERALDTON WA 6531 Tel: (08) 9920 7100 Fax: (08) 9964 3487 E-mail: monika@gpnetwork.org.au Website: http://www.gpnetwork.org.au	Mondays 9:30am – 3:00pm Tuesdays 9:00am – 4:00pm	Depression, incl. perinatal depression; Anxiety disorders (GAD, OCD, Social Anxiety, PTSD). Family therapy Children and adolescents
LAWSON, Clair (Dr.)	Clinical Psychologist Reg. #2489	Dr Clair Lawson & Associates, Clinical Psychology 34 Coghlan Road Subiaco, WA 6008 Ph: 9380 8329	Monday to Friday 8:30am – 8pm	Adolescents and Adults presenting with the following concerns: depression, obsessive compulsive disorder, anxiety disorders, behavioural problems, anger management, eating disorders, parenting issues, family relationship difficulties, marital difficulties & couples counseling
LEE, Chris	Clinical Psychologist Reg # 936	509 Stirling Highway Cottesloe, WA 6011 Ph: 9384 9617	Monday to Friday 9am – 5pm	Post Traumatic Stress Disorder, Borderline Personality Disorder, EMDR, Depression

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LENTON, Simon (Dr)	Clinical Psychologist Reg #815, PhD, MAPS	Suite 2 324 Onslow Road Shenton Park Ph: 0417 957 910 Email: slconsult@westnet.com.au	Wednesday 4:30pm to 8:30pm Friday 1:30pm to 4:30pm	Alcohol and other drugs
MAZZUCHELLI, Trevor (Dr)	Clinical Psychologist Reg # 1401	Suite 2/324 Onslow Road, Shenton Park, WA 6008 Ph: 040 991 3338 E-mail: trevorm@iinet.net.au	Saturday mornings. Appointments at other times by special arrangement.	Adult & child cognitive and behaviour therapy. Anxiety, depression, well-being (positive psychology), and child behaviour problems.
MCNEILL, Pamela	Clinical Psychologist (Registrar) Reg # 2644	Midland Mob: 0409 605 039	Mon and Wed 11.00am – 8.30pm	Emotional Difficulties (Alexithymia); Couples.
MERRYWEATHER, David	Clinical Psychologist Reg # 164	509 Stirling Highway Cottesloe WA 6011 Ph: 0408 828 427 Fax: 93871894 Email: dmerryweather@iinet.net.au	Monday, Wednesday, Thursday 8.30am – 6.30pm	OCD, PTSD, Personality Disorders
MICHEL, Fiona	Clinical Psychologist, Reg # 3248	Delta Psychology. Unit 6, Heathridge Shopping Centre, 99 Caridean Street. Phone: 0403 697 866. Referrals to be faxed to: 94637891	Tuesday, Wednesday, Thursday 10am – 6pm	Panic disorder, depression, body dysmorphia, OCD, bulimia nervosa, self esteem. Also uses a combination of CBT and mindfulness and Acceptance and Commitment Therapy
MITCHELL, Kaye	Clinical Psychologist Reg # 802	9 Cotula Way Canning Vale WA 6155 Ph: (08) 9456 5635 Fax: (08) 9456 5639 Kaye1@iinet.net.au	Mon - Fri 8:00 am – 6:30 pm	Anxiety, Panic, Depression, Phobias, Anger management and assertiveness training, Grief and bereavement, Rehabilitation injury counselling, Stress Management, Smoking Cessation, Pain management
PALMISANO, Barbara	Clinical Psychologist registrar Reg # 2583	PALMISANO Psychological Services 15 Barron Parade JOONDALUP WA 6027 Ph: 9300 9468 Fax: 9300 2038 email: psychservice@palmisano.com.au	Wed 9 – 6pm; Thurs 9 – 5pm; Fri 9 – 5pm	Child, Adolescent & adult Therapy- Mental health, Life transition/Adjustment issues, relationship difficulties, Child behaviour/ Parenting Skills, Self development/ growth, Disability, Rehabilitation and Medical conditions- Carers and Client

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REWELL, Gayle Lorraine	Psychologist Reg # 3424	192A Flinders Street Yokine 6060 Ph: 9447 5700 Mob: 0488 575 700 Email: gaylerewell@bigpond.com	Available weekdays and some weeknights	
RULE, Trevor	Clinical Psychologist Reg # 1498	Chelsea Professional Centre Suite 7, 145 Stirling Highway Nedlands WA 6009 Ph: 9386 9992 Fax: 9386 9500	Friday 8:30am – 5:30pm	
SHIELS, Lauren	Clinical Psychologist Reg # 817	62 Churchill Ave, Subiaco WA 6008 Mob: 0418 959 099	Tuesday afternoons	Anxiety disorders, eating disorders, depression, BPD
SYRKIEWICZ, Richard.	Registered Psychologist Reg # 4109	North Metropolitan Psychological Services 199 Alexander Drive, Dianella, Perth, WA, 6059. Ph. 08 9375 9040 Fax. 08 9375 6445 Email: Info@nmppsychology.com.au	Wednesdays, 9 to 6pm (currently; negotiable).	Depression and/or anxiety; PTSD; Substance usage; Sleep difficulty; Clinical Hypnotherapy; Relaxation- mindfulness; Skills training; Emotional regulation; Suicidality; Weight- Eating concerns; Personality/longer-term disorders; Existential concerns.
TAYLOR, Graham	Clinical Psychologist Reg # 451	16 Francisco Crescent Bull Creek Ph: 9310 3254	Mon - Thurs 8.00 - 4.30	Trauma, long standing personality problems, all anxiety disorders
TOWN, Yvonne	Psychologist Reg # 3365	Your Counselling Therapist P.O. Box 253, Mundaring WA 6073 Suite 2, Nichol House 3 Nichol Street, Mundaring WA 6073 Rooms: (08) 9295 0948 A/H Tel/Fax: (08) 9295 1617 or Mob: 0408 251 315	Monday – Friday	6 yrs to 85+ years. Depression, anxiety, relationship problems, individuals, couples and groups. CBT, Clinical Hypnotherapy, Schema Focused Therapy, EMDR, and TFT.
WELSH, Linda	Clinical Psychologist Reg # 2129	Suite 7/186 Hampden Road Nedlands 6009 PO Box 183 Duncraig East WA 6023 Mob: 0422 129 003	Mon – Thurs: 1pm - 8pm	Substance Abuse, Personality Disorder, Depression, Anxiety, Schema Therapy

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WILLET, Bruce (Dr)	Clinical Psychologist and Doctor of Psychology Reg # 2011	Peak Psychology Clinic Suite 9, 20 Kearns Crescent, Ardross WA PO Box 164, Applecross WA, 6953 Mob: 0417 969 174	Tuesdays & Thursdays	Anxiety, depression, bereavement, adjustment, self-esteem, work related stress, trauma, positive parenting
WILLIAMS, Sandy	Clinical Psychologist Reg # 1371	2 Gold Street (corner Coral Street), South Fremantle WA 6162 Ph: (08) 9430 6482	Evening appts, and Thursday, Friday and Saturday day appts	Individual and couples work with adults
University Clinics	Clinic staffed by postgrad psychology students under supervision. Self-referral accepted Low cost, sliding fee schedule based on income	Curtin University, Bentley Campus , Building 404 Phone: 9266 3436 University of WA – Robin Winkler Clinic, Nedlands, phone: 6488 2644 Edith Cowan University - Psychological Services Centre, Joondalup. Phone: 9301 0011 Murdoch University Psychology Clinic. Phone 9360 2570	Check with each clinic for details. AACBT-WA Member contact for Curtin Clinic: Sarah Egan AACBT-WA Member contact for UWA Clinic: Andrew Page AACBT-WA Member contact for ECU Clinic: Clare Wilson AACBT-WA Member contact for Murdoch Clinic: Sandy Williams	Each clinic treats a range of issues but has specialty areas & groups – contact clinics. Curtin: anxiety disorders & stress, depression, OCD, clinical perfectionism, self-esteem, relationship problems, hypochondriasis, bulimia and binge-eating. UWA: social phobia, smoking cessation and weight management groups, also general adult and child referrals for range of issues ECU: General referrals for a range of issues, smoking cessation group also. Adults & children including disability, pain management, social skills, relationship issues, grief & bereavement, anxiety.

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