

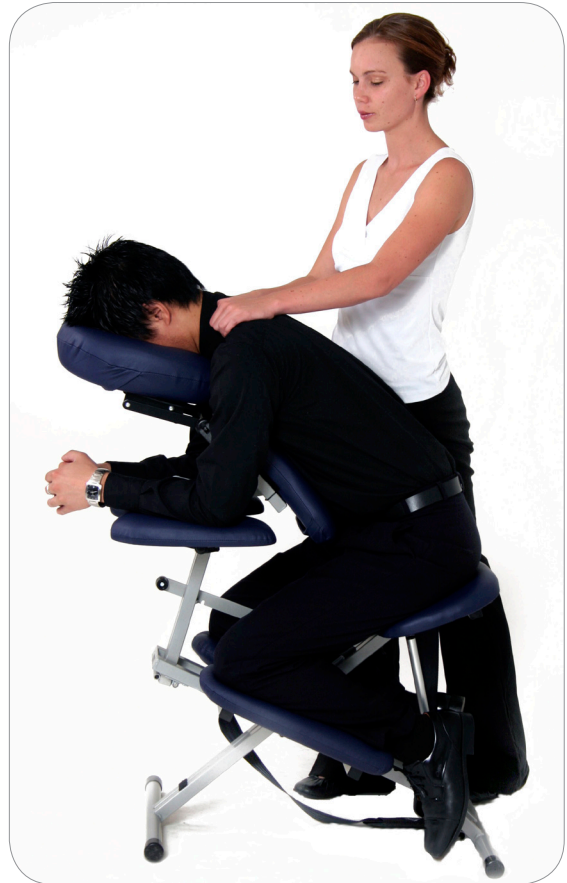
CORPORATE MASSAGE

Our proactive mobile massage service provides an effective method to reduce the negative effects of stress and muscular tension and will contribute to a happier more cohesive workforce.

Expanding work hours and work loads has led to a rise in the incidence of neck and shoulder injuries and stress related disorders. High stress environments will adversely affect productivity levels by increased worker fatigue, workplace errors and staff burn-out. Consequently, staff absenteeism, turnover and Workers Compensation Claims have been escalating.

To be seen as an employer of choice, organisations need to provide a desirable workplace environment. Bodysmart's mobile massage services can demonstrate to staff in a practical way that their organisation is proactive in managing workplace stress levels and are concerned about their health and wellbeing.

Bodysmart's massage therapists are trained to provide a relaxing and invigorating massage for staff in an efficient and non-disruptive manner. Massage services provide an opportunity for staff to have a quality rest break without taking time out from work to travel to appointments. Massage can be provided on an ongoing basis, or intermittently to reward staff when organisational goals are met.



Benefits to your organisation...

REDUCE

- Stress-related lost time to injuries & absenteeism
- Workers compensation claims & insurance premiums
- Stress & muscular discomfort for employees
- Worker fatigue & error

INCREASE

- Employee wellness & the management of stress
- Staff productivity
- Retention of staff & morale
- Workplace cohesiveness

Key research...

Each year, stress related claims costs Australian businesses over \$200 million (1). Recent research commissioned by Medibank Private in 2005 showed that 53% of Australian workers feel over-whelmed with stress & pressure. In Western Australia, over the four years leading up to 2004, there has been a 26% increase in the total number of compensation claims for work related stress, furthermore, the proportion of lost-time claims associated with work-related stress has increased by 31% since 2000/01 (2).

1: "The Health of Australia's Workforce Report" (Nov 2005). Monash University, Medibank Private.

2: Warr, J. (2005). "Workers compensation in Western Australia Statistical Report 2003/4", WorkCover Australia 2005, vol. 5.

CORPORATE MASSAGE

Pre-massage Screening

Enhances customisation of massage to your needs

Bodytension Release

Deep tissue and pressure point massage

Bodystress Release

Relaxation massage and Swedish techniques

Bodypain Release

Concentrates on specific areas of pain or headaches

Laydown

Choose massage style:

- skin-on-skin or
 - over clothes
- Separate room required

Seated

Choose massage location:

- at employee's desk or
 - separate room
- Performed over clothes

Choose Time

- 30 minutes
- 40 minutes
- 60 minutes

Choose Time

- 10 minutes
- 15 minutes
- 20 minutes

Enhancements

- Relaxing music
- Aromatherapy
- Incense



BodySMART key differences...

- Qualified and experienced massage therapists adapt to virtually any work environment and location.
- Massages are customised to each employee. Workers direct the massage style, strength and location.
- All equipment is of superior quality to enhance comfort, relaxation and stress relief.
- Flexible payment schedules allow payment by the employee, the employer, or a subsidised arrangement.