

Name:

## **TERMS AND CONDITIONS**

By participating in this offering you enter into a legally binding agreement with the Exercise Class Operator -BODYSMART HEALTH SOLUTIONS PTY LTD, trading as "BODYSMART HEALTH CENTRE" and agree to comply with and adhere to the following terms and conditions:

- 1. Enrolment in any session will only be confirmed upon receipt of this form, duly completed together with payment of fees for the sessions enrolled in. Session availability will be filled in the order in which enrolment forms and session payments are received (i.e. 'first in, best dressed').
- 2. In regard to any medical condition disclosed on this form, participants undertake to obtain clearance from their medical practitioner prior to enrolling in these sessions.
- Credits for non-used sessions will be given only in the case where a valid medical certificate is presented to Bodysmart Health Centre that is issued by a certified General Practitioner or Bodysmart Physiotherapist and at the sole discretion of Bodysmart Health Centre.
- 4. Non-used credits can be transferrable to another participant, if still valid; however, it is your responsibility to find a suitable replacement participant.
- 5. For reasons of hygiene, participants are required to bring and use a towel large enough to lie on, or alternatively wipe the mat down after the session.
- 6. If you are unable to make a session we ask that you give us a minimum of 24 hrs notice. Participants will be billed the normal session fee if less than 24 hrs notice is given.
- 7. It is the participant's responsibility to book their sessions through Bodysmart Reception via phone or email. Five, 10 and 25 pack purchases are valid for 6 weeks, 12 weeks and 8 months respectively. Any unused credit will be forfeited if not utilised within this timeframe.
- 8. In the interest of safety for all participants, and as class sessions are structured, those who arrive more than 10 minutes late will NOT be permitted to enter the class. The participants will not receive a refund or credit for this session.
- 9. A separate initial assessment is required prior to attending Mat Pilates, Strength, and/or Group Reformer.
- 10. General Class packs can be used interchangeably for Mat Pilates, Strength and Stretch and Roll once the initial assessment is done for that particular session type. General Class packs cannot be used for Group Reformer or Clinical (1:3) sessions.
- 11. Group reformer packs can be used for General Classes, but not Clinical (1:3) sessions.

## DECLARATION

Bodysmart Physiotherapists will take utmost care to ensure your health and safety is a primary concern however we need to make you aware that exercise is not without risk to the musculoskeletal and cardiovascular systems.

I acknowledge I have voluntarily elected to participate in an exercise program with BODYSMART HEALTH CENTRE. I will not hold BODYSMART HEALTH SOLUTIONS responsible or liable for any personal injury or loss or damage which may result from my participation in any proposed exercise program with BODYSMART HEALTH SOLUTIONS.

Further, I agree to accept the above Terms and Conditions.

SIGNED:\_\_\_\_\_ DATED:\_\_\_\_\_

## ENROLMENT

Please enrol me in:

Initial Mat Pilates Assessment 1:1 30 mins(required to attend Mat Pilates sessions) \$84

S:\Pilates\2016\Pilates Mat\_General & Pregnancy - Info & forms\Raw Forms\Re-enrolment Form\_Physio Group Exercise Sessionss\_2016\_V1.doc © Bodysmart Health Solutions 2016 Initial Group Reformer Assessment 1:1 30 mins (required to attend Group Reformer sessions ) \$84
Initial Strength Assessment 1:1 40 mins (required to attend Functional Strength Sessions ) \$135

(All - pay on the day of service)

1:1 Session (optional) 30 minute or 40 minute options (based on recommendation of Physiotherapist) (Pay on the day of Service)

General Class Packs (Mat Pilates / Functional Strength / Stretch and Roll)					
Casual	\$30/session (Pay on the day)	🛛 10 Pack	\$220	- \$22/session (Valid 3 months)	
□ 5 Pack	\$125 - \$25/session (Valid 6 weeks)	🛛 25 Pack	\$495	- \$19.80/session (Valid 8 months)	
Group Reformer Pilates Packs					
Casual	\$40/session (Pay on the day) NO BUPA	🛛 10 Pack	\$305	- \$30.50/session (Valid 3 months)	
□ 5 Pack	\$175 - \$35/session (Valid 6 weeks)	□ 25 Pack	\$725	- \$29/session (Valid 8 months)	

PAYMENT	
Payment via (please circle): C	ash   EFTPOS   Credit
I	authorise Bodysmart Health Solutions to deduct \$ from my
□ VISA □ MASTERCARD	
Card number:	Card expiry:
Credit card verification / CCV: (las	t 3 digits on back of card) 🗌 🗌 🗌
Name on card:	Signature of card holder:
Please fax completed ;	form to (08) 9481 8709 or scan and email to <u>reception@bodysmart.com.au</u>

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