



BULLYING AWARENESS TRAINING

Our experience over recent years has seen an escalation of allegations of workplace bullying. What has become clear is the lack of understanding of the behaviours which actually constitute bullying, and behaviours that are *not* bullying.

Bullying investigations are often disruptive to the workplace, time consuming and costly. All too often conflict in the workplace is labelled as bullying, yet not all workplace conflict is necessarily bullying.

Workshop Objective:

This informative workshop will provide participants with the skills and knowledge to understand the issues surrounding workplace bullying, identify what bullying is and isn't, and how to manage and prevent workplace bullying in your organisation.

Workshop Outline:

Our 3 hour workshop on '**Bullying Awareness**' delivered at your workplace, will address the following:

- Identifying what is and what is not workplace bullying;
- The effects of workplace bullying;
- Types of workplace bullies;
- Identifying the warning signs of bullies and victims of bullies;
- Responding to incidents of workplace bullying;
- Obligations of the organisation, Managers & Staff;
- Prevention of workplace bullying;
- Current legislation and case studies;

*** The workshop will utilise actual case studies and activities to achieve the workshop objectives.**

If you would like to make a group booking for your organisation, or further information about other workshops, please don't hesitate to contact us.

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