



Dr Tracy Westerman  
Presents



## Mental Health Assessment of Aboriginal Clients

(A workshop endorsed by the Australian Indigenous Psychologists Association)

being delivered in

**Brisbane, Perth, Melbourne, Adelaide, Darwin & Sydney in 2010**

**This workshop measures and targets Aboriginal mental health cultural competencies.  
Training Workshop Objectives:**

Aboriginal Mental Health Cultural Competency Profile – incl. in workshop price (normally valued at \$250) the only culturally and scientifically validated test of cultural competence in Australia (CCT: Westerman, 2003, 2009).

The determinants of Aboriginal mental health cultural competency - what the research tells us and how to plan for cultural competency

- Practitioner impacts - being 'culturally compatible' with Aboriginal clients and how this is gauged
- Cultural differences within Aboriginal culture - can we measure the relevance of culture - the value of this in assessment
- Assessing mental illness in evidence based assessment frameworks. Making the distinction between:
  - Psychosis or being sung/cursed
  - Self-harm or sorry cuts
  - Culture-specific grief reactions (when are spiritual visits culturally appropriate or pathological?)
  - Cultural forms of depression and treatments – mainstream and traditional
  - Post Traumatic Stress Disorder - its cultural differences. What cultural factors can be used to decrease the likelihood of PTSD in Aboriginal people. Attachment Disorders – how these hold the solution to addressing trauma from forcible removal
- **ACCREDITATION** in the Westerman Aboriginal Symptom Checklist - Youth aged 13-17 years (WASC-Y) - accreditation – the **ONLY** uniquely developed and validated psychological test for Aboriginal youth worldwide (Canadian Health, 2009)

**Register EARLY -  
These workshops  
are REGULARLY  
sold out months in  
advance**

**Incl. in workshop costs: Cultural Competency Profile; pre-workshop reading materials; participant workbook; full catering.**

### About Dr Tracy Westerman

Dr Tracy Westerman, Managing Director of Indigenous Psychological Services (IPS) is of the Nyamal people near Port Hedland, WA. She founded IPS in 1998 to address the inequity between the high rates of mental ill health amongst Aboriginal people and low rates of access to services. Dr Westerman has a Post Graduate Diploma (Science, UWA) in Psychology, a Masters Degree (Clinical Psychology, Curtin University) and a Doctor of Philosophy (Clinical Psychology). She is a recognised leader in Aboriginal mental health having won numerous awards including NAIDOC National Scholar of the Year (2002); the Vice Chancellors Award for the top 10% of PhD's (2003); the National Health & Medical Research Council Post Doctoral Fellowship to investigate ADHD in Aboriginal people (2004; the only Aboriginal person to be awarded such a fellowship) and the Suicide Prevention Australia Award for Emerging Researcher (2006). She has been recognised in the Who's Who of Australian Women and Who's Who of the Worlds Women from 2007. She is widely sought after as a keynote speaker and as an international keynote speaker in Canada (2003); the USA (2004), Auckland, New Zealand (2006 & 2007) and Wellington (2009). In 2005 the Canadian government sent a delegation to Australia to explore Dr Westerman's innovative approaches resulting in recommendations that the same approach be adopted for Canadian Aboriginal people. Dr Westerman has worked on numerous state and federal tenders, research grants and community based interventions placing her at the forefront of understanding frameworks, policies, procedures and service delivery models that have demonstrated effectiveness with Aboriginal people. Her PhD provides an evidence base regarding the cultural manifestations of mental illness for Aboriginal people and the development of a range of assessment protocols which formulate core components of the workshop. Dr Westerman trains an average 1,000 people each year.

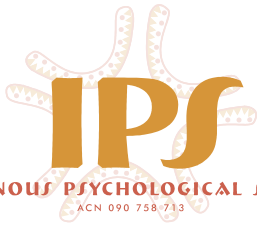
For more information contact IPS  
Tel: 08 9362 2036  
Fax: 08 9362 5546  
Email: [ips@ips.iinet.net.au](mailto:ips@ips.iinet.net.au)  
[www.indigenouspsychservices.com.au](http://www.indigenouspsychservices.com.au)

#### What some of our clients have to say

*'The value of IPS is they provide systemic and proactive organisational change in relation to cultural competency. What is provided is a practical set of tools able to transcend shortfalls in previous cultural 'awareness' approaches. Thanks IPS for a suite of competency material that has been so successful in meeting our needs'. Tracey Drady, Rural Area Manager, Richmond Fellowship*

*'The best training I have been to in 20 years of practice as a psychologist. Clinical Psychologist.' QLD, 2009*

*"Tracy is just exceptional, as an Aboriginal person to have your work validated is so good. Great to see this kind of training happening for both Aboriginal and non-Aboriginal people" Aboriginal Mental Health Worker, NSW, 2009*



INDIGENOUS PSYCHOLOGICAL SERVICES

# 2010 Registration Form

(A tax invoice will be issued upon receipt of registration form)  
ABN: 98 090 758 713

30% of IPS' work is provided FREE to Indigenous communities with 20% of workshop places reserved for Indigenous communities and NGOs

### Please select

IPS is a private company and does not receive government funding to provide its services

<b>LOCATIONS</b>	<input type="checkbox"/>	Brisbane	19 & 20 April	Mercure Brisbane	<b>**SOLD OUT**</b>
	<input type="checkbox"/>	Perth	24 & 25 May	City West Function Centre	
	<input type="checkbox"/>	Brisbane	8 & 9 June	Mercure Brisbane	
	<input type="checkbox"/>	Melbourne	29 & 30 June	Novotel St Kilda	
	<input type="checkbox"/>	Adelaide	26 & 27 July	Rockford Adelaide	
	<input type="checkbox"/>	Darwin	7 & 8 September	Darwin Airport Resort	
	<input type="checkbox"/>	Sydney	26 & 27 October	Mercure Parramatta	

### EARLY BIRD DISCOUNT – IF REGISTERING UP TO 8 WEEKS BEFORE WORKSHOP

- \$1,450 If payment is received with registration
- \$1,500 If payment is NOT received with registration

### NORMAL PRICE – IF REGISTERING WITHIN 8 WEEKS OF WORKSHOP

- \$1,500 If payment is received with registration
- \$1,550 If payment is NOT received with registration

### Details of person attending workshop \*\* Mailing address for workshop information

Title: \_\_\_\_\_ Name: \_\_\_\_\_

Position: \_\_\_\_\_ Email: \_\_\_\_\_

Postal address: \_\_\_\_\_ State: \_\_\_\_\_ P/C: \_\_\_\_\_

Tel Bus hrs (\*required): (\_\_\_\_) \_\_\_\_\_ Tel After hrs (\*required): (\_\_\_\_) \_\_\_\_\_

### Details of person/agency responsible for payment \*\* Mailing address for a/cs information

Agency to be invoiced (\*\* required): \_\_\_\_\_

Postal address: \_\_\_\_\_ State: \_\_\_\_\_ P/C: \_\_\_\_\_

Agency Tel :(\*required): (\_\_\_\_) \_\_\_\_\_ Fax: (\*required): (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

### Terms & conditions

- Once registered, fees are payable and are **non-refundable**, although places are transferable to another person in your agency.
- If canceling up to 2 weeks before the workshop, registrations can be transferred to another workshop - a 10% fee will be incurred.
- If canceling within 2 weeks of the workshop, registrations can be transferred to another workshop - a 50% fee will be incurred.
- If no cancellation notice is received, we regret that full payment will apply for another workshop.
- All cancellations must be in writing stating the reason for the cancellation.
- If workshops are cancelled by IPS, full refunds of REGISTRATION FEES ONLY will be provided. Participants traveling for workshops MUST BOOK FULLY REFUNDABLE OR CHANGEABLE AIRFARES.
- Fees must be fully paid two weeks prior to the training

### I understand & agree to these terms.

Signature of participant or representative:(\*required): \_\_\_\_\_

### Payment details

Cheque made payable to "Indigenous Psychological Services OR

Please debit my credit card \$ \_\_\_\_\_



Number: \_\_\_\_\_ Expiry: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

OR

Register online @ [www.indigenouspsychservices.com.au](http://www.indigenouspsychservices.com.au) (if paying by credit card)

Post form with payment to:  
Indigenous Psychological Services  
PO Box 1198  
East Victoria Park WA 6981  
Or  
Fax: 08 9362 5546