



**PERSONAL MOTORING  
FIRST AID KIT**

<b>QTY</b>	<b>DESCRIPTION</b>	<b>USE</b>
1	Bandage - 5cm conforming	Secure dressing
1	Bandage – 7.5cm conforming	Secure dressing
1	Tape Hypo-Allergenic 2.5cm x 9.1m	Secure dressing
1	Bandage - Triangular 110 x 110cm	Slings, padding
3	Swabs Gauze 7.5 x 7.5cm x 3	Clean wounds
1	Wound dressing, sterile - No 14	Dressing with bandag
2	Pad non-adherent 10 x 10cm	Wound cover
1	Strips Adhesive in bag x 10	Minor wound cover
1	Shapes Adhesive in bag x 20	Minor wound cover
1	Scissors - 12.5cm SS Sharp/Blunt	Cut dressings
1	Gloves, Latex x 2 in bag – Med	Hygiene
1	Forceps – 12.5cm SS Sharp	Remove splinters
1	Safety pins in bag x 12	Secure dressings
1	Note pad & pencil	Record information
1	Towels disposable on bag x 3	Skin cleaning
1	First Aid Quick Reference	Easy read book
1	Plastic bag 10cm x 18cm – sml	Multiple uses
2	Antiseptic swabs	Clean wounds

**A FIRST AID KIT IS NOT A SUBSTITUTE FOR A FIRST AID COURSE  
PLEASE CONTACT ST JOHN AMBULANCE FOR MORE INFORMATION 1300-360-455**