# **Registration form**



## **Fees**

Early bird member (until 6th Oct)	\$120
Non-member (until 6th Oct)	\$160
Standard member (after 6th Oct)	\$160
Standard non-member (after 6th Oct)	\$180
Name	
Address	
Postcode	
Phone	
Email	
Occupation	
Place of work	

Special dietary needs (morning tea, afternoon tea and lunch provided)

## **Payment options**

Cheque Money Order Credit Card

Card type 🗌 Visa 🗌 Mastercard

Credit Card Number

Expiry Date

CVV

Card Holder's Name

## It's easier to book online!

To book online go to:

www.breastfeedingconferences.com.au

Cheque or Money order can be made payable to: Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to: 41 Heath Marsh Road Panmure, Vic 3265 ABN 83 820 560 346 – Barbara Glare



## About CLCWA

The College of Lactation Consultants WA was founded in 1998 to support and promote breastfeeding, foster friendships and provide monthly education meetings for health professionals. A very comprehensive breastfeeding resource library is now available to CLC members.

The College of Lactation Consultants WA offers monthly education meetings that are free for CLC members and are accredited with CERPS.

To join online just go to www.lactationwest.org.au/index.php

### Venue

The Granite Room, Perth Arena

#### Parking information

Perth Arena has a 680 bay car park located conveniently under the venue. Accessible via both Milligan and Market Streets, the car park includes ACROD bays and has a clearance of 2.3m. *Event parking rates* – \$20.00

#### Trains

All train lines take you into Perth or Perth Underground stations, located only a short walk down Wellington Street to the venue.

City West Station on the Fremantle Line is also close to the venue, however please note all special event services will leave from the Perth and Perth Underground stations.

### Buses

Timetabled bus services operate to and from the Roe Street Bus Station.

CAT services are also available and include stops close by Perth Arena.

We recommend visiting **www.transperth.wa.gov.au** the week of the event to find out the best way to get to and from Perth Arena.

## Contact

For all enquiries regarding this conference please phone Barb Glare 0488 757 334 or email **info@breastfeedingconferences.com.au** 

### Accreditation:

IBCLC CERPs will be applied for MidPLUS CPDs will be applied for



#### www.breastfeedingconferences.com.au





# Babies are born to breastfeed

# Supporting feeding milestones



# **DATE:** Friday, 6 November 2015

# ->>> (((-

# VENUE:

The Granite Room, Perth Arena 700 Wellington St, Perth WA 6000

Proudly managed by





8.45am	Opening address/Welcome to country/ House keeping
9.00am	<b>Gillian Griffiths</b> – From the Womb to the World: Exploring the SENSE-ational evidence to help caregivers make sense of what they are/or have experienced
10.00am	<b>Bernadette Robinson</b> – Breast feeding from a physiotherapist's perspective
10.45am	Morning tea
11.15am	<b>Gillian Griffiths</b> – Supporting the SENSE-ational journey practically: Applying it to your clients
12.15pm	<b>Cathy Fetherston</b> – Ethical responsibilities and managing dilemmas in IBCLC practice
1.00pm	Lunch (and poster display)
2.15pm	<b>Sue Saunders</b> – Exploring the IBCLC 'detective' role when breastfeeding is not going well
3.00pm	<b>Sharon Perrella</b> – Preterm gastric emptying: Putting the science into practice
4.15pm	Close

# About the speakers

## **Bernadette Robinson**

Bernadette graduated at the Physiotherapy School at the Georg August University Göttingen, Germany, in 1980. Prior to moving to Australia she worked for 15 years in the Children's Hospital & Child Development Centre in Oldenburg, Germany. Bernadette is now in her 15th year working at the Fremantle Child Development Service where she holds the position as Senior Physiotherapist. She works also one day per week in her private practice.

## **Gillian Griffiths**

Gillian Griffiths is an Occupational Therapist with 15 years experience as a senior practitioner, program manager, consultant and facilitator of professional development and caregiver programs. Gillian has extensive training from the USA and Australia in Sensory Processing; Picky Eaters vs Problem Feeders: The Sequential Oral Sensory (SOS) Approach to Feeding; Infant Mental Health; Family Partnerships; Circle of Security; Trauma; The Developmental Individual Difference, Relationship Based Approach (DIR)/ Floortime), Perceive, Recall, Plan Perform; Therapeutic Listening and Infant Massage. Gillian uses her vast experience and a broad range of evidence to make SENSE of complex mealtime difficulties.

Gillian is co-director of Engaging Your Senses (http://www.facebook. com/ EngagingYourSenses). She supports teams and professionals across Australia and internationally to provide effective, holistic services for the whole family. Gillian is passionate about enabling families to experience nourishing and harmonious and daily routines.

## **Sharon Perrella**

Sharon is a registered nurse and midwife, with qualifications and experience in neonatal intensive care and child health nursing. She has been a voluntary breastfeeding counselor with the Australian Breastfeeding Association and qualified as an International Board Certified Lactation Consultant in 2008.

In September 2014 Sharon completed a PhD titled "The Effect Of Different Types Of Nutrition On The Gastrointestinal Response Of The Preterm Infant," and commenced her current position of Research Associate with the Hartmann Human Lactation Research Team at The University of Western Australia.

Sharon's research interests include the establishment of lactation and breastfeeding following preterm birth, low milk supply, and the effect of oral anomalies on breastfeeding outcomes.

# **Catherine Fetherston**

Associate Professor Cathy Fetherston is Head of Nursing in the School of Health Professions at Murdoch University. Cathy has also been an IBCLC since 1992, and worked in a private community hospital lactation clinic until 2010. In her role as an academic she still provides breastfeeding education, supervises lactation and breastfeeding research, is a reviewer for several peer review lactation journals and writes on breastfeeding matters in the scientific and popular media. She also has a special interest in ethical issues in health after serving for over 3 years on Murdoch University's Human Ethics Research Committee.

# Sue Saunders

Sue Saunders was one of the first IBCLC's in WA in 1989. Since 1994 when she left WA, she has worked with families when breastfeeding and lactation are not going well. Sue has used the 'I', the 'International' in IBCLC in employment, self-employment and voluntary roles in Perth, England, West Africa, Penang and the Middle East. She is now back for good!

Sue is a founding and honorary member of LCGB, the inaugural ILCA/ WABA Fellow in Penang, ILCA Board of Director for 5 years, Fellow of ILCA (FILCA), is currently a proof reader for a breastfeeding journal, a member of CLCWA and regional coordinator for LCANZ WA.

As a Certified Infant Massage Instructor with IAIM, Sue facilitates the accredited five week First Touch Infant Massage program to encourage parents to use appropriate massage strokes and to recognise and respect their baby's cues and behavioural states.



## **Poster Display**

Poster presentations will be displayed during lunch and breaks. Posters involve a short, visual presentation of the major focus, issues of concern, methods, findings and conclusions of the presentation. Posters allow all conference delegates to be reached and presenters will have the opportunity to discuss their work informally and in-depth with interested delegates.

### A prize of \$500 will be awarded for the best poster.

To submit your Expression of Interest for the poster display please email info@breastfeedingconferences.com.au

Deadline for submissions: Friday October 16th