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From: Ellen McIntyre <ellen.mcintyre@flinders.edu.au>

Date: Wed, 7 Dec 2011 11:32:06 +0800

Subject: Breastfeeding News - December 7, 2011

Australian Breastfeeding Association's 2012 (March) seminar series for health professionals *Breastfeeding: Working it out.*

Registrations are now open for the Australian Breastfeeding Association's 2012 seminar series for health professionals *Breastfeeding: Working it out.*

The series features a fantastic array of top international speakers across venues around Australia and online.

More than 2,000 people participated in our seminars in 2011.

Places will fill fast for the 2012 series so register now

<<http://aba.informz.net/z/cjUucD9taT00NTkyMzcmcD0xJnU9NTAwNTgwMjYyJmxpPTIzMjM1O TU/index.html>> and don't miss out!

Research summaries from the Baby Friendly Initiative

Iron-Fortified vs Low-Iron Infant Formula: Developmental Outcome at 10 Years

This study enrolled 835 healthy, full-term infants in Santiago, Chile. From 6-12 months infants were fed iron-fortified (mean 12.7mg/L) or low-iron (mean 2.3mg/L) formula milk. At 10 years of age 473 (56.6%) of the children were assessed for IQ, spatial memory, arithmetic achievement, visual-motor integration, visual perception, and motor functioning. Compared with the low-iron group, the iron fortified group scored lower on every 10 year outcome.

Betsy <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> Lozoff, MD; Marcela Castillo, PhD; Katy M. Clark, MA; Julia B. Smith, <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> EdD. Iron-Fortified <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> vs Low-Iron Infant Formula: Developmental Outcome at 10 Years. Arch <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> Pediatr <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> Adolesc Med. Published online November 7, 2011. <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> doi:10.1001/ <<http://comms.unicef.org.uk/t/445643/2221397/2676113/0/>> archpediatrics.2011.197

For more information on the iron content of UK follow-on formula milk see the Caroline Walker Trust report Infant Milks in the UK (2011) <<http://comms.unicef.org.uk/t/445643/2221397/2676114/0/>> .

A critical review of the impact of continuing breastfeeding education provided to nurses and midwives

This review of 15 studies from nine different countries analyzed the practice of continuing education on breastfeeding for health professionals, with a specific focus on nurses and midwives. The authors conclude that continuing breastfeeding education for nurses and midwives improves their knowledge, skills, practices, and attitudes, and it increases maternal perception of support. Breastfeeding education for health professionals also plays an important role in improving breastfeeding outcomes, thus helping to reduce the health and financial burden on society associated with not breastfeeding.

A Critical Review of the Impact of Continuing Breastfeeding Education Provided to Nurses and Midwives. Kathryn Nicole Ward and Jennifer P. Byrne. J Hum <<http://comms.unicef.org.uk/t/445643/2221397/2676116/0/>> Lact. 2011; 27(4): p. 381-393. <<http://comms.unicef.org.uk/t/445643/2221397/2676116/0/>>

Lactation intensity and diabetes-related outcomes

A study carried out in the US aimed to examine the association between breastfeeding intensity and maternal blood glucose and insulin and glucose intolerance at 6–9 weeks after a pregnancy with gestational diabetes mellitus (GDM).

The researchers found that compared with exclusive or mostly formula feeding (>17oz formula per 24 hours), exclusive breastfeeding and mostly breastfeeding (=6oz formula per 24 hours) groups, respectively, had lower adjusted mean group differences in fasting plasma glucose, in fasting insulin and in 2-h insulin. Exclusive or mostly breastfeeding groups had lower prevalence of diabetes or pre-diabetes (P = 0.02).

The authors conclude that higher intensity of lactation was associated with improved fasting glucose and lower insulin levels at 6–9 weeks' postpartum and argue that lactation may have favourable effects on glucose metabolism and insulin sensitivity that may reduce diabetes risk after GDM pregnancy.

Gunderson EP, <<http://comms.unicef.org.uk/t/445643/2221397/2676117/0/>> Hedderson MM, Chiang V et al (2011) Lactation Intensity and Postpartum Maternal Glucose Tolerance and Insulin Resistance in Women With Recent <<http://comms.unicef.org.uk/t/445643/2221397/2676117/0/>> GDM: The SWIFT cohort. Diabetes Care. Published 19 October 2011, 10.2337/ <<http://comms.unicef.org.uk/t/445643/2221397/2676117/0/>> dc11-1409 <<http://comms.unicef.org.uk/t/445643/2221397/2676117/0/>>

Birth in a Baby Friendly hospital in Brazil and the positive impact on breastfeeding outcomes

The influence of the Baby Friendly Hospital Initiative (BFHI) on breastfeeding indicators in Brazil was assessed using data from the Second Survey of Breastfeeding Prevalence, conducted in 2008. The data included details of 65,936 infants under the age of 1 year and across 64 municipalities. Outcomes of interest were breastfeeding in the first hour of life in infants under 1 year of age; exclusive breastfeeding on the first day after hospital discharge in infants under 4 months of age; exclusive breastfeeding in infants under 2, 3 and 6 months of age; and pacifier use in infants under 6 months of age. Statistical analyses were used to assess the influence of birth in a Baby Friendly hospital.

The researchers found that infants born in Baby Friendly hospitals were 9% more likely to be breastfed in the first hour of life and 6% more likely to be breastfed on the first day at home. Exclusive breastfeeding was 13%, 8% and 6% more likely in infants under the ages of 2, 3 and 6 months, respectively. Birth in a Baby Friendly hospital also correlated with significantly less pacifier use. They conclude that the BFHI has a positive impact on several indicators of breastfeeding.

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<<http://comms.unicef.org.uk/t/445643/2221397/2676118/0/>> Venancio, Silvia Regina Dias Medici
<<http://comms.unicef.org.uk/t/445643/2221397/2676118/0/>> Saldiva, Maria Mercedes
<<http://comms.unicef.org.uk/t/445643/2221397/2676118/0/>> Loureiro
<<http://comms.unicef.org.uk/t/445643/2221397/2676118/0/>> Escuder et al (2011) The Baby-Friendly Hospital Initiative shows positive effects on breastfeeding indicators in Brazil. J Epidemiol Community Health. published 11 November 2011, 10.1136/ <<http://comms.unicef.org.uk/t/445643/2221397/2676118/0/>> jech-2011-200332 <<http://comms.unicef.org.uk/t/445643/2221397/2676118/0/>>

from Mag. Christian F. Freisleben-Teutscher come some interesting pieces

http://www.washingtonpost.com/national/health-science/ri-eliminates-free-infant-formula-giveaways-at-hospitals-in-move-to-boost-breastfeeding/2011/11/28/gIQAxUnx5N_story.html
<http://www.washingtonpost.com/national/health-science/ri-eliminates-free-infant-formula-giveaways-at-hospitals-in-move-to-boost-breastfeeding/2011/11/28/gIQAxUnx5N_story.html>

http://www.mlive.com/news/kalamazoo/index.ssf/2011/11/peta_taking_to_task_judge_who.html
<http://www.mlive.com/news/kalamazoo/index.ssf/2011/11/peta_taking_to_task_judge_who.html>

background:

<http://www.dailymail.co.uk/news/article-2061812/Michigan-Judge-Robert-T-Hentchel-humiliates-woman-breastfeeding-son.html?ito=feeds-newsxml>
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<http://www.scientificamerican.com/article.cfm?id=got-smarts-mothers-milk-m>
<<http://www.scientificamerican.com/article.cfm?id=got-smarts-mothers-milk-m>>

breastfeeding campaign from manila

<http://www.mb.com.ph/articles/340927/beauties-breastfeeding>
<<http://www.mb.com.ph/articles/340927/beauties-breastfeeding>>

stem zells from breastmilk

<http://www.newscientist.com/article/dn21160-breastmilk-stem-cells-may-bypass-ethical-dilemmas.html?DCMP=OTC-rss&nsref=online-news>
<<http://www.newscientist.com/article/dn21160-breastmilk-stem-cells-may-bypass-ethical-dilemmas.html?DCMP=OTC-rss&nsref=online-news>>

and http://www.bionews.org.uk/page_112418.asp
<http://www.bionews.org.uk/page_112418.asp>

from the journals....

Breastfeeding—So Easy Even a Doctor Can Support It

<<http://click.liebertpubemail.com/?qs=e5bbdfe9094ea268f948d9ec4147cab60010f3af9a982f16a05a03b513ecdeca>>

Author: T. Wolynn

Available in *Breastfeeding Medicine*

<<http://click.liebertpubemail.com/?qs=e5bbdfe9094ea2680e72589671aec02670ede071f23d88ae313aa73a83990e95>> :

Using Quality Improvement to Promote Breast-feeding in a Local Health Department.

Wright SS, Lea CS, Holloman R, Cornett A, Harrison LM, Randolph GD.

J Public Health Manag Pract. 2012 Jan;18(1):36-42.

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'Breast is not always best': South Asian women's experiences of infant feeding in the UK within an acculturation framework.

Choudhry K, Wallace LM.

Matern Child Nutr. 2012 Jan;8(1):72-87.

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Breast-Feeding for the Management of Painful Procedures.

YalÄŒin SS.

J Pediatr Hematol Oncol. 2011 Nov 30;. [Epub ahead of print]

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Female employees' perceptions of organisational support for breastfeeding at work: findings from an Australian health service workplace.

Weber D, Janson A, Nolan M, Wen LM, Rissel C.

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Ann Nutr Metab. 2011;59(1):32-7.

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The impact of infant feeding method on neonatal abstinence scores of methadone-exposed infants.

McQueen KA, Murphy-Oikonen J, Gerlach K, Montelpare W.

Adv Neonatal Care. 2011 Aug;11(4):282-90.

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Tongue movement and intra-oral vacuum of term infants during breastfeeding and feeding from an experimental teat that released milk under vacuum only.

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Early Hum Dev. 2011 Nov 25;. [Epub ahead of print]

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Maternal diet and breastfeeding: A case for rethinking physiological explanations for breastfeeding determinants.

Amir LH, Donath SM.

Early Hum Dev. 2011 Nov 24;. [Epub ahead of print]

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Giving me hope: women's reflections on a breastfeeding peer support service.

Thomson G, Crossland N, Dykes F.

Matern Child Nutr. 2011 Nov 28;. [Epub ahead of print]

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In which regions is breast-feeding safer from the impact of toxic elements from the environment?

Cinar N, Ozdemir S, Yucel O, Ucar F.

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Breastfeeding modulates neonatal innate immune responses: a prospective birth cohort study.

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Iodine nutrition in pregnancy and lactation.

Leung AM, Pearce EN, Braverman LE.

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Lead Levels in Breast Milk, Blood Plasma and Intelligence Quotient: A Health Hazard for Women and Infants

Isaac CP, Sivakumar A, Kumar CR.

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The impact of peer support training on mothers' attitudes towards and knowledge of breastfeeding.

Kempenaar LE, Darwent KL.

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Nurses' attitudes towards breastfeeding among women with schizophrenia in southern Israel.

Artzi-Medvedik R, Chertok IR, Romem Y.

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Human Milk Versus Formula Feeding Among Preterm Infants: Short-Term Outcomes.

Maayan-Metzger A, Avivi S, Schushan-Eisen I, Kuint J.

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Healthy babies through infant-centered feeding protocol: an intervention targeting early childhood obesity in vulnerable populations.

BMC Public Health. 2011 Nov 15;11(1):868. [Epub ahead of print]

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Breast-Feeding for the Management of Painful Procedures.

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Birth support and breastfeeding initiation in Somaliland: experiences at the Edna Adan Maternity Hospital in Hargeisa, Somaliland.

Holder K.

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Prevalence and predictors of exclusive breastfeeding among women in Kigoma Region, Western Tanzania: a

community based cross-sectional study.

Nkala TE, Msuya SE.

Int Breastfeed J. 2011 Nov 9;6(1):17. [Epub ahead of print]

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Exploring the mother's perception of latching difficulty in the first days after birth: An interview study in an Italian hospital.

Mauri PA, Zobbi VF, Zannini L.

Midwifery. 2011 Nov 11;. [Epub ahead of print]

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Exploring and optimising maternal and infant nutrition in North West Pakistan.

Dykes F, Lhussier M, Bangash S, Zaman M, Lowe N.

Midwifery. 2011 Nov 10;. [Epub ahead of print]

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