

THROUGH SLEEPY EYES

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Sydney February 22, 2012

Earlybird (if registered by December 30, 2011) \$195
Registration \$225

Adelaide February 23, 2012

Earlybird (if registered by December 30, 2011) \$195
Registration \$225

Perth February 24, 2012

Earlybird (if registered by December 30, 2011) \$195
Registration \$225

Payment options

Payment for the total of \$ _____

Cash Cheque Money Order Credit Card
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Cheque or Money Order can be made payable to
Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to
ALMA, 41 Heath Marsh Road, Panmure, VIC 3265

ABN 83 820 560 346 - Barbara Glare



Find out more

To find out more about the conference program, payment options, the speakers or conference facilities, please contact Barb Glare, phone 0488 757 334 or email info@breastfeedingconferences.com.au or visit www.breastfeedingconferences.com.au.

Accreditation

IBCLC R Cerps and MidPLUS points have been applied for.

Venue Information

Sydney
Mercure Sydney
818-820 George Street
Sydney, NSW 2000

Perth
Mantra on Murray
305 Murray Street
Perth, WA 6000

Adelaide
Adelaide Convention Centre
Riverbank Rooms 1 and 2
North Terrace
Adelaide, SA 5000

Cancellation and Refund Policy

Cancellations can be accepted up to 48 hours prior to the start of each conference program, provided that you notify us by email: info@breastfeedingconferences.com.au. Australian Lactation Management Associates reserve the right to cancel seminars in the event of unforeseen circumstances. In this case, every effort will be made to contact participants by email and/or phone in good time, and a full refund of registration fees will be offered.

No refund can be provided to those who do not attend and fail to notify us in advance. We will refund conference fees if one full week's notice of cancellation is given. No refunds will be made for travel expenses incurred.

Safe Sleep Space™

THROUGH SLEEPY EYES

Considering Infant Mental Health when discussing sleep and settling of infants and toddlers.

SYDNEY Wednesday February 22, 2012

ADELAIDE Thursday February 23, 2012

PERTH Friday February 24, 2012



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CONFERENCE PROGRAM

- 8.30am** Registration, tea and coffee
- 9.00am** Hot topic: What's in a Paediatric Vaccine? Current trends and epidemics - *Dr Birgit Beisner*
- 9.30am** Infant parent relationships and maternal behaviours - *Professor Anne Sved Williams (Sydney/Adelaide), A/A Professor Caroline Zanetti (Perth)*
- 10.45am** Morning Tea
- 11.15am** Safe Sleep Space: Strategies for settling infants from birth to 12 months - *Helen Stevens*
- 12.30pm** Lunch
- 1.15pm** Neuropsychology: Assessment tools including Alarm Baby Distress Scale (ABDS) - *Carol Newnham*
- 2.30pm** Afternoon Tea
- 2.50pm** Safe Sleep Space: Strategies for settling toddlers - *Helen Stevens*
- 4.00pm** Speaker panel and evaluations
- 4.30pm** Close



SPEAKERS

Helen Stevens RN RM MCHN

Helen is the author of *Safe Sleep Space; A gently loving approach for helping infants and children find sleep* (2009 3rd.), the founder of Early Parent & Infant Consultants home visiting service, and together with colleague Cindy Davenport, co-producer of the 2009 Safe Sleep Space DVD. Since 2009 Helen and Cindy have been providing information and resources to a range of early parenting professionals and families. The need for response based services for sleep disturbed infants and toddlers has resulted in the growth of the of home visits, day-stay programs and numerous teaching opportunities across Australia.

Helen is a member of both the World and Australian Associations of Infant Mental Health and with the knowledge gained from IMH, she provides information to professionals and parents that underpin this response based approach to care of infants and toddlers who struggle with sleep.

Prof Anne Sved Williams (Sydney/Adelaide program)

Professor Anne Sved Williams is a perinatal and infant psychiatrist and for 24 years has been the medical unit head of Helen Mayo House, the mother-infant public inpatient unit in Adelaide. She is a clinical senior lecturer at the University of Adelaide. Anne began her professional life as a GP and has a particular interest in teaching at the primary care level. She is co-editor with Vicki Cowling of *Infants of Parents with Mental Illness: Developmental, Clinical, Cultural and Personal Perspectives*.

A/A Prof Caroline Zanetti (Perth program)

Associate Professor Caroline Zanetti is a perinatal, child and infant Psychiatrist at Notre Dame University, Fremantle. She has led St John of God Subiaco, Raphael Centre as Director of Psychiatry since it's foundation in 2003. Her focus has been on the infant-parent relationship, and on working psychotherapeutically with

parents in a way that includes reflection on attachment relationships.

She is also an accredited Circle of Security Supervisor, and has considerable expertise in this model. Her research interest is on the transition to parenthood. Other interests include developing innovative programs for engaging hard-to-reach groups within the field of perinatal and infant mental health.

Dr Carol Newnham

Dr Carol Newnham is a Neuropsychologist who works with both the Parent-Infant Research Institute which develops evidence-based interventions for mothers and infants and the Victorian Infant Brain Studies group, which focuses primarily on relationships between neural and functional development in at-risk infants. Dr Newnham's research studies have involved assessing an intervention delivered to mothers of hospitalised pre-term infants in terms of its effect on infant development. The latest focus of Dr Newnham's research interest has been the effect of stress on infant brain development. She recently developed a measure of accumulated stress in hospitalised pre-term infants. In addition to research work, Dr Newnham publishes a quarterly magazine for parents of pre-term infants known as 'Premiepress', now in its eleventh year, which presents recent and pertinent research results, theories and interventions from different disciplines for parents and professionals.

Dr Birgit Beisner

Dr Birgit Beisner has a PhD from the University Melbourne, which focussed on identifying the cellular receptor for rotavirus. Following her PhD, she worked in an Research and Development role for animal vaccines, mostly on experiments to ensure quality of the viral and cellular components of the vaccines. In 2002, she took on a regulatory affairs role, before transitioning to the medical department of GSK in 2003. Since then she has supported many paediatric vaccines listed on the National Immunisation Program, via medical/scientific input for various projects including regulatory, health outcomes, and tender submissions. Her current role is the Southern Region National Immunisation Program Manager.